

# Retiree Bulletin

FORT HAMILTON MILITARY COMMUNITY

AUGUST 2013



## Message from our Garrison Commander

Hello Retirees and Families:

It's been an interesting year since I assumed command of U.S. Army Garrison Fort Hamilton

last summer. I expected a wonderful, worthwhile, satisfying assignment in the great city of New York and my expectations were well met. Everyday I consider myself blessed to have been given this incredible opportunity to serve our country.

The garrison staff has proven to be among the best in the Army, and I've come to realize how committed it is to the Fort Hamilton vision and mission. It has been my distinct honor to join them in that commitment by providing quality service and support, not only to the service members and their families here, but also to thousands of retirees living and working throughout the greater metropolitan area.

Within a short time, I've met and gotten to know many of you, and I recognize the immeasurable impact of our partnership. You have been an integral and invaluable members of this union, which is why I fully support Retiree Appreciation Day and why it is a day truly well deserved. Your service to Fort Hamilton and our country is what continues to make this country the best in the world, and I would like to personally thank each of you for your service.

It is my promise to you to remain committed to your needs and to ensure that services here remain the standard for all installations to follow. We will continue to provide you with excellent facilities such as the Commissary,

exchange, sports and fitness center, community club, chapel, and the Harbor Defense Museum.

We will celebrate this year's Retiree Appreciation Day on October 26th with events at the post theater, the gymnasium and the community club. I hope you will find it to be as enlightening and gratifying as in previous years, providing valuable information while offering the opportunity to network, reconnect, and make new acquaintances. Fort Hamilton supports thousands of retirees and family members, and as a result, we have made many decisions with you and your interests in mind. As the only active military installation in New York City, we look forward to your presence and support of the installation.

Support and Defend! Army Strong!  
COL Eluyn Gines



## COL (R) Judith Lemire Retiree Council Chairman

Greetings!

I am honored to serve as this year's Chairman for the Retiree Council. For those not familiar with the Council, we are organized with the

specific purpose of advising the Garrison Commander on issues which impact on Retirees. While our charter is based on an Army regulation, we welcome both members and issues from all branches of service.

Although centered at Fort Hamilton, our geographic community extends well beyond Brooklyn. We have Council members from Long Island and the five Boroughs of New York City. In fact, if you are receiving this bulletin, your support comes from Fort Hamilton!

We are very fortunate at Fort Hamilton to have an amazing Retirement Services Officer, Ms. Wanda Mills. A retiree herself, Wanda continues to serve us all. Again, while established by the Army, Wanda supports retirees from all branches, dedicated to getting both pre- and post-retirement services to all. And the command team, COL Gines and CSM Prince, are clearly dedicated to ensuring continued support to the retired community. Although the government is under a "sequester" with mandatory furloughs, Fort Hamilton is doing their best to continue the quality of service we've grown to expect. We ask your patience during this trying time. Currently the intent is to keep services open, however manpower could be reduced causing longer than usual wait times. All Commissaries, to include ours, are under mandatory closure on Tuesdays (in addition to the normal Monday closure) so please plan your visits accordingly.

Through all this, the installation will still host what for us retirees is our main event -- the annual Retiree Appreciation Day (RAD). One of our Council's main roles is to support this event, and we work closely with the installation staff to help improve it every year and keep it meeting the needs of the community. We're pleased to announce this year's event will be on 26 October 2013. If you have yet to attend, you are in for a treat. In addition to updates on retiree issues, the installation brings us motivating guest speakers and a Wellness Fair designed for our community. Due to the sequester, Department of the Army G-1 and the Defense Finance and Accounting System (DFAS) offices will not send representatives to personally attend our celebration. However, we expect both offices to provide us with updates which we will pass on to you on that day. New this year, we will have a pre-registration online to help us prepare and ask all to participate. As retirees, you are all entitled to the great thanks from this nation, as well as some hard-earned benefits. The RAD is a great opportunity to ensure you are aware of all of these!

In order to best represent you, we need to know what issues you may have which we can ask the command to look into. For example, we have met some of you who were not provided with proper transition services. If you were not recognized at your retirement, our RSO can assist in getting you the proper recognition. If you know of anyone from any branch or component who is getting ready to retire, our RSO can link him/her up with transition briefings to ensure that all mandatory retirement activities can be accomplished on schedule and prior to retirement. If you have any questions, feel free to contact the RSO or ask any of us during the RAD.

Finally, we would like to invite you to join us! Again, we welcome members from all branches and components -- this helps us better represent the larger community. The formal time obligation is minimal -- we only meet four times a year. The greater benefit comes from our informal links to the retiree community, where we can spread the word about support services and collect issues that are on your minds and bring them to the command. If you believe you can be of service to our community through the Council, please contact the RSO or talk to us at the RAD.

Judith Lemire  
COL, USA (RET)



**Ms. Wanda E. Mills**  
**Retirement Services Officer,**  
**(RSO) USAG Fort Hamilton**

Greetings Retirees and Family Members: Welcome to my most superb time of the year! It's our opportunity at Fort Hamilton to show our

appreciation to those military members and their families for their tremendous sacrifices and outstanding service. We proudly open our doors as the only military base in the New York City Metropolitan area. This year the Fort Hamilton

Retiree Council will be hosting its annual Retirement Appreciation Day on Saturday, October 26, 2013. On behalf of the Commander of Fort Hamilton, Colonel Eluyn Gines, our invitation goes out to all military retirees, spouses, widows and widowers of all branches of the services. The post theater doors will open for registration at 8 a.m. Please feel free to arrive a little early as we will offer light refreshments to get you energized. The program will start at 9 a.m. After the program, we will have an Information and Health Fair at the post gymnasium. The fair will have representatives from more than 40 local, state, and federal organizations allowing a great opportunity to have your questions answered by subject matter experts concerning their programs and your benefits. This event will also give you a chance to renew old acquaintances and make new ones. In addition to the Fair, the Community Club is offering a special Buffet Luncheon for all participants, at a minimal cost of \$12.00. For your convenience, a Shuttle Bus will be available to transport participants to and from the various activities and services on post. The shuttle bus will start its route in front of the post theater and will make scheduled stops at the Gym, Community Club (for Lunch), DEERS/ID Card Section, Post Exchange and Commissary. As always, it is our pleasure to recognize you for your outstanding dedication, contributions, and continued support. If you need assistance with submitting your retirement packet, Survivor Benefit Plan (SBP), reporting a death, or updating your records please feel free to stop by the Fort Hamilton Retirement Services Office. My office is located on the first floor of building 114N, White Avenue, room 101B. Hours of operation are Monday-Friday 8:00-12:00 and 1:00-4:30. I look forward to assisting you and hope to see you on Saturday, 26 October 2013 at our Retiree Appreciation Day event. For additional information you can call me at (718) 630-4552.

**RAD EVENTS**

Fort Belvoir, VA, 20 Sep (703) 806-4551  
 Fort Drum, NY, 21 Sep (315) 772-6434  
 Fort Dix, NJ, 28 Sep (609) 562-2666  
**Fort Hamilton, NY, 26 Oct (718) 630-4552**  
 Fort Meade, MD, 19 Oct (301) 677-9603  
 Aberdeen Proving Ground, MD, 19 Oct, (410) 306-2320



**Fort Hamilton's Retiree Council Members**

The Fort Hamilton Retiree Council Members consists of Retirees from Army, Air Force, Navy, and Marines. The Retiree Council meets on the first Thursday of March, June, September, and December. For additional information on membership contact the Fort Hamilton Retirement Service Officer at (718) 630-4552.

Ms. Wanda E. Mills, **Retirement Service Officer**

COL Judith Lemire, **CHAIR**

SPC Catherine Laporte, **1st VC**

LTC John O'Leary, **2nd VC**

LTC Glennie Millard, **SECY**

MAJ Sharon Rogers-Drummer, **Asst SECY**

**MEMBERS**

MG Robert Rose

COL Albert Arnold

LCDR Aryeh Oberstein

LTC Lee Anderson

LTC Joseph Schroder

LTC Joseph Reale

LTC Robert Farkas

LTC Michael King

MCPO Wilfredo Cotto

MAJ Timothy Kuhn

MAJ Jose Hernandez

1<sup>st</sup> LT Robert Palisay

CSM Juan Caez

CSM Anthony Mercante

CMSgt Dina Michael

MSG William Hansel

SFC Ronald Peters

SFC Joseph Watson

SFC Jefferson McCrary

SSG Stephanie Walthair

SSG Christene Trent

### **Retiree Appreciation Days**

Retiree Appreciation Days (RADs) are designed with you in mind. They're a great source of the latest information for Retirees and Family members in your area. RADs vary from installation to installation, but, in general, they provide an opportunity to renew acquaintances, listen to guest speakers, renew ID Cards, get medical checkups and access various other services. Some RADs include special events such as dinners or golf tournaments. For more information, contact the Retirement Services Officer (RSO) sponsoring the RAD.

### **Military Personnel /DEERS ID**

The Fort Hamilton's DEERS/ID Card Section is (located in Building 114N White Ave, Brooklyn, NY) is now accepting online appointments.

Under this new web-based system, you can view availability, schedule appointments, check statuses, or cancel/change your appointment date and time.

You can access the appointment scheduler by visiting <http://www.hamilton.army.mil> and clicking on the DEERS/ID link or directly at <http://rapids-appointments.dmdc.osd.mil>. For information/appointments, call (718) 630-4557.

### **DEERS/ID CARD SECTION HOURS OF OPERATION:**

Monday –Thursday:

8:00am – 12:00pm, 1:00pm – 4:00pm

Friday:

10:00am – 12:00pm, 1:00pm – 4:00pm

\*Due to the sequester the ID card section will no longer be operating on Saturdays until further notice.\*

### **Retiree IDs Now Have Expiration Date**

The Retiree identification card has recently undergone a transformation. In December 2012, the Real Time Automated Personnel Identification System (RAPIDS) began producing Retiree ID cards with an expiration date printed on both the front and the back of the card. The expiration date applies only to those Retirees under the age of 65. The expiration date of the card is the day before the Retirees 65<sup>th</sup> birthday. Previously, RAPIDS had been producing Retiree ID cards with "INDEF" on the front of the card but with an expiration date of the day before the 65<sup>th</sup> birthday displayed on the back of the card.

Retirees who possess an ID card which reflects INDEF on the front are not required to replace their current ID card with one which displays the expiration date on the front of the card. Those Retirees who have unserviceable or damaged ID cards should return to the nearest ID card office to have the card replaced. Retirees who are age 65 or older continue to receive an ID with "INDEF" on both the front and the back of the card.

This change in topology to the ID cards for Retirees will have no impact on access to current

benefits and entitlements currently available to the Retiree and their eligible family members as long as they remain enrolled in the Defense Enrollment Eligibility Reporting System (DEERS). To retain TRICARE benefits after the age of 65, Retirees must sign up for Medicare Part B and provide proof to the RAPIDS site operator to receive an updated ID card and access to TRICARE for Life, which augments medical care reimbursements paid under Medicare Part B. To find the nearest ID card issuing facility, visit <http://www.dmdc.osd.mil/rsl/appi/site?execution=e1s1>.

For information regarding the new Retiree ID card, benefits, entitlements, and eligibility in DEERS should contact the Army Project Office @502-613-9029.

### **Department of Defense extends TRICARE Retiree Dental Program contract**

The TRICARE Management Activity (TMA) of the Department of Defense has extended the current TRICARE Retiree Dental Program (TRDP) contract – which runs from October 1, 2012 through September 30, 2013 – to continue through December 31, 2013.

The contract extension brings no change in premiums or scope of benefits. However, the annual maximum for enrollees in the Enhanced program will be increased to \$1,500 for this period. Those in the Basic program will see their maximum increase to \$1,250. And, although the maximums are being INCREASED for the extended period, enrollees will NOT be asked to pay a higher deductible.

These changes were implemented April 1. If you had already reached your maximum for the year, please have your dentist resubmit your claim(s) that were not made due to exceeding the maximum.

Delta Dental also will serve as administrator of the new five-year TRDP contract, which will begin January 1, 2014.

The TRDP, authorized by Congress as part of the National Defense Authorization Act for fiscal year 1997, offers affordable dental benefits as a voluntary option to the nation's 5 million-plus Uniformed Services retirees and their family members. With current enrollment of more than 1.3 million, the TRDP is the nation's largest voluntary, all-enrollee-paid dental programs.

The TRDP will continue as a worldwide, combined fee-for-service/preferred provider program that offers enrollees access to any licensed dentist in all 50 states, plus the District of Columbia, Puerto Rico, Guam, the U.S. Virgin Islands, American Samoa, the Commonwealth of the Northern Mariana Islands, Canada and overseas.

If you have any questions or need further information, please call Doug Schobel at 401-732-0297 or e-mail him at [Dschobel@delta.org](mailto:Dschobel@delta.org). You may also get more information regarding the contract extension by visiting <http://trdp.org/enr/faq-contract-extension.html>.

### **Request a DD Form 214**

To request your DD Form 214:

- visit: <http://www.archives.gov/veterans/military-service-records/>
- mail or fax a completed SF 180:  
National Personnel Records Center  
Military Personnel Records  
9700 Page Avenue  
St. Louis, MO 63132-5100  
FAX: (314) 801-9195

All requests must be signed and dated by the veteran or next-of-kin.

### **How to Update Your Retired Reserve Records**

The Human Resources Command at Fort Knox, KY maintains the personnel records of all Retired Reservists (Gray Area Retirees). The staff of the Retired Reserve Branch will help you complete

all personnel actions, including updating or correcting retirement points, transferring from the Retired Reserves, making name changes, and DD Form 214s.

To request a personnel action, contact the Personnel Action Branch responsible for your enlisted military occupational specialty (MOS) or officer specialty branch listed below.

MOS 27, 36, 42, 44, 45, 51, 52, 56, 62, 65, 68, 71, 76, 79, 88, 89, 90, 91, 92, and 94

Email: [usarmy.knox.hrc.mbx.epmd-fsd-pab@mail.mil](mailto:usarmy.knox.hrc.mbx.epmd-fsd-pab@mail.mil) Phone: (502) 613-5964

MOS 11, 13, 14, 15, 18, 19, 29E, 37, 38, and 46, and 09B (non-MOSQ)

Email: [usarmy.knox.hrc.mbx.epmd-mfd-pab@mail.mil](mailto:usarmy.knox.hrc.mbx.epmd-mfd-pab@mail.mil) Phone: (502) 613-5977

MOS 09L, 12, 21, 25, 31, 33, 35, 74, 96, 97, 98, and All E-9s

Email: [usarmy.knox.hrc.mbx.epmd-osed-pab@mail.mil](mailto:usarmy.knox.hrc.mbx.epmd-osed-pab@mail.mil) Phone: (502) 613-5896

Officer Personnel Action Branch:

Email: [usarmy.knox.hrc.mbx.opmd-idd-pabt@mail.mil](mailto:usarmy.knox.hrc.mbx.opmd-idd-pabt@mail.mil) Phone: (502) 613-6727

Officer Health Services Personnel Action Branch (Previously AMEDD):

Email: [usarmy.knox.hrc.mbx.opmd-hs-psb@mail.mil](mailto:usarmy.knox.hrc.mbx.opmd-hs-psb@mail.mil) Phone: (502) 613-6846

## **New Requirement for Survivor**

### **Benefit Plan Annuity Recipients**

CLEVELAND — Retirees' Survivor Benefit Plan beneficiaries are now required to provide a photocopy of their Social Security cards when applying for benefits.

If your spouse or dependent child is not a U.S. citizen or cannot get a Social Security Number (SSN), he or she will need a valid

Individual Taxpayer Identification Number (ITIN) and card issued by the Internal Revenue Service (IRS). Information about the ITIN is available on

the IRS website at <http://www.irs.gov/>.

An ITIN is a tax processing number for certain nonresident and resident aliens, their spouses and dependents.

Because it can take several weeks to receive an ITIN, DFAS recommends foreign SBP beneficiaries apply with the IRS now to avoid unnecessary delays in the event of your passing.

## **Retirees Are Eligible for AER Assistance**

By Col. (Ret) Guy Shields, Chief, Communications and Public Affairs, Army Emergency Relief

As you receive this newsletter, Army Emergency Relief (AER) has nearly completed its annual awareness campaign. This year's theme is "Supporting Soldiers and Their Families Yesterday, Today and Tomorrow."

As part of the campaign, each Army Retiree should have received a letter informing them of the annual campaign, as well as giving them the opportunity to contribute. We do not share the mailing list with any other organization.

In that letter we try to make it clear that Retirees are still eligible for AER assistance. However, as we find out through our website and our travels, despite our efforts to "get the word out", many Retirees still don't realize that they are eligible.

In 2012, Retirees contributed nearly \$3.1 million to AER and received more than \$10.6 million in assistance.

In response to the annual campaign letters to Retirees we receive a number of emails. Many relate stories of how AER helped them in the past. Some relate stories of how they were not helped. We answer each email. In the responses we try to highlight how AER has changed. In 2004, AER provided \$40 million in assistance. By 2008, we had provided nearly \$80 million in assistance and we have been hovering around that point ever since. By adjusting our procedures and adding categories, AER is staying relevant to both today's Army, as well as those who have retired.

In 2005, we established the Command Referral Program, under which a Company Commander or First Sergeant can immediately approve a \$1500 loan. Nearly one third of all assistance now comes through this program.

In the past three years we've added nine new categories for assistance to minimize the need to have to ask for exceptions to policy.

If you are no longer near an Army installation, you can still apply for assistance at a local Navy-Marine Corps Relief Society, Air Force Aid Society, Coast Guard Mutual Assistance or American Red Cross office.

AER would like to thank all Army Retirees for their service to the country and their past support to Army Emergency Relief.

For more information, and to find your nearest AER office, check out the AER website at [www.aerhq.org](http://www.aerhq.org) and check us out on

Facebook at <https://www.facebook.com/AERHQ>.

## Suicide Prevention

Retirees are entitled to the same suicide prevention services that active duty military are offered. You can be seen at Behavioral Health, Employee Assistance Program, and RACH for emergency. The Department of Veterans Affairs' (VA) Veterans Health Administration (VHA) has founded a national suicide prevention hotline to ensure veterans in emotional crisis have free, 24/7 access to trained counselors. To operate the Veterans Hotline, the VA partnered with the Substance Abuse and Mental Health Services Administration (SAMHSA) and the National Suicide Prevention Lifeline. Veterans can call the Lifeline number, 1-800-273-TALK (8255), and press "1" to be routed to the Veterans Suicide Prevention Hotline. Always call 911 in an emergency situation. Additional resources provided as follows:

- Military One Source: 1-800-342-9647
- The Defense Center of Excellence (DCoE): 1-866-966-1020
- Suicide Prevention Lifeline:

1-800-273-TALK (8255)

- Army G-1, Army Well Being Liaison Office: 1-800-833-6622
- Wounded Soldier and Family Hotline: 1-800-984-8523

## DIRECTORY

Arlington National Cemetery: (877) 907-8585  
<http://www.arlingtoncemetery.org>

Armed Forces Retirement Home: (800) 422-9988; <http://www.afrh.gov>

Army & Air Force Exchange Service: <http://www.aafes.com>

Army Career & Alumni Program: (800) 325-4715; <http://www.acap.army.mil>

Army Emergency Relief: (866) 878-6378; <http://www.aerhq.org>

Army Homepage: <http://www.army.mil>

Army Knowledge Online: <https://www.us.army.mil>

Army Temporary Lodging Program: (877) 711-8326; <http://www.pal>

[www.army.mil](http://www.army.mil) Reservations: <http://www.ihgarmyhotels.com>

Army Retirement Services: <http://www.armyg1.army.mil/rso/default.asp>

Casualty Assistance Checklist for Retirees: <http://www.armyg1.army>

[mil/rso/docs/Post/CasualtyAssistanceChecklist.pdf](http://www.armyg1.army.mil/rso/docs/Post/CasualtyAssistanceChecklist.pdf)

Chief of Staff, Army Retiree Council: <http://www.armyg1.army.mil/rso/>

[RetireeCouncil.asp](http://www.armyg1.army.mil/rso/RetireeCouncil.asp)

Combat-Related Special Compensation: (866) 281-3254 opt.4;

<https://www.hrc.army.mil/TAGD/CRSC>

Commissary: <http://www.commissaries.com>

Concurrent Retirement & Disability Pay: (800) 321-1080,

<http://www.dfas.mil/retiredmilitary/disability/>

[crdp.html](#)

Death — Report a Retired Soldier's Death: Call HQDA Casualty

Operations Center, (800) 626-3317; from overseas, call (502) 613-3317 collect.

<https://www.hrc.army.mil/TAGD/Reporting%20A%20Death>

*Echoes:* <http://www.armyg1.army.mil/rso/echoes.asp>;

Editor's email address: [ArmyEchoes@mail.mil](mailto:ArmyEchoes@mail.mil)

Funeral Honors (Military): Army Coordinator: (502) 613-8218

<https://www.dmdc.osd.mil/mfh/>

Health Beneficiary Counseling Assistance Coordinator:

<http://www.tricare.mil/bcacdcao>, or nearest military treatment facility

ID Card Facilities: (800) 538-9552; Nearest facility: [www.dmdc.osd.mil/rsi](http://www.dmdc.osd.mil/rsi)

Legal Assistance Locator (Military): <http://legalassistance.law.af.mil/content/locator.php>

Long Term Care Insurance: (800) 582-3337 <http://www.ltcfeds.com/>

MyArmyBenefits: <http://myarmybenefits.us.army.mil/>

Help Desk: (888) 721-2769 (9 a.m. to 5 p.m. EST Monday - Friday);

Resource Locator: [http://myarmybenefits.us.army.mil/Home/Benefit\\_Library/Resource\\_Locator.html](http://myarmybenefits.us.army.mil/Home/Benefit_Library/Resource_Locator.html)

Reserve Component Retirements (888) 276-9472 or (502) 613-8950

<https://www.hrc.army.mil/TAGD/Reserve%20Component%20Retirements>

RC Application for Retired Pay: Human Resources Command; ATTN:

AHRC-PDR-RCR; 1600 Spearhead Division Ave.; Dept 482; Ft Knox, KY 40122-5402

Retired Army Lapel Pin and Clothing: [www.aafes.com](http://www.aafes.com), then click "Shop Online Now,"

then type "Retired Army" in the search box and click "Search"

Space-Available Travel: <http://www.amc.af.mil/amctravel/index.asp>

Survivor Benefit Plan: <http://www.armyg1.army.mil/rso/sbp.asp>

Maintaining SBP Elections After Retirement: [http://www.armyg1.army.mil/rso/docs/SBP/SBP\\_election\\_after\\_ret.pdf](http://www.armyg1.army.mil/rso/docs/SBP/SBP_election_after_ret.pdf)

Uniformed Services Former Spouse Protection Act: <http://www.armyg1.army.mil/rso/docs/FSPA/USFSPA.pdf>

Veterans Service Records — Replace DD Form 214, awards: <http://vetrecs.archives.gov>

National Personnel Records Center

(Military Personnel Records); 9700 Page Ave. St. Louis, MO 63132-5100

**DFAS** (800) 321-1080 (M-F, 7 a.m. to 6 p.m. EST) <http://www.dfas.mil/>

*myPay* (888) 332-7411; <https://mypay.dfas.mil/mypay.aspx>

Retiree/Annuitant web page <http://www.dfas.mil/retiredmilitary.html>

**Social Security** (800) 772-1213 <http://www.socialsecurity.gov>;

(If overseas, contact the American Embassy/consulate, or call: (410) 965-9334 or Fax (877) 385-0645 or visit <http://www.socialsecurity.gov/foreign/phones.html>)

**Medicare** (800) 633-4227 <http://www.medicare.gov>

Graves Information: (877) 907-8199

Health Care Benefits: (877) 222-8387; <http://www.va.gov/health>

Insurance: SGLI/VGLI: (800) 419-1473; All other insurance: (800) 669-8477

**Sister Service Retiree Publications and News**

Early Bird Current News: <http://ebird.osd.mil/index.html>

Air Force Afterburner: <http://www.Retirees.af.mil/afterburner/>

Coast Guard Evening Colors: <http://www.uscg.mil/ppc/retnews/>

Marine Corps Semper Fi: <https://www.manpower.usmc.mil/> then click

Career/Retired Marines, then Semper Fidelis Newsletter

Navy Shift Colors: <http://www.navy.mil/> then click Links/Shift Colors

### Fort Hamilton Phone Numbers

AAFES/PX (718) 748-3440

Army Emergency Relief (AER) (718) 630-4462

Barbershop (718) 745-6836

Strike Zone Bowling (718) 630-4440

Chapel (718) 630-4969

Cleaners (718) 836-4530

Commissary (718) 630-4951

Community Club (718) 630-4903

Fort Wadsworth MWR (718) 354-4407

Guest House (718) 630-4892

ID Cards (718) 630-4557

Legal Assistance (718) 630-4743

Library (718) 630-4875

DES Police Front Desk (718) 630-4144

Museum (718) 630-4349

MWR Fitness Center (718) 630-4793

Post Operator (718) 630-4101

Retiree Services (718) 630-4552

Thrift Shop (718) 630-4166

General Colin Powell USO (718) 630-1023

### Fort Hamilton's Upcoming Events:

*\*Due to the furlough the Fort Hamilton Commissary will be closed on Mondays & Tuesdays through the end of September\**

*\*Every Sunday the Community Club serves brunch from 1000-1400\**

August:

08- "Women's Equality Day" - At the

TRICARE Information <http://www.tricare.mil>

TRICARE North: (877) 874-2273; <https://www.healthnetfederalservices.com/>;

CT, DC, DE, IL, IN, KY, MA, MD, ME, MI, NC, NH, NJ, NY, OH, PA, RI, VT, VA, WI, WV, some ZIPs in IA, MO, TN

TRICARE South: (800) 444-5445; <http://www.humana-military.com/south/>

[bene/beneficiary.asp](http://www.humana-military.com/south/bene/beneficiary.asp); AL, AR, FL, GA, LA, MS, OK, SC, TN (except 35 TN ZIP codes near Ft Campbell), and TX (except the extreme SW El Paso area)

TRICARE West: (888) 874-9378; <https://www.triwest.com/>; AK, AZ, CA, CO,

HI, ID, IA (except 82 Iowa ZIP codes near Rock Island, IL) KS, MO (except the

St. Louis area), MN, MT, ND, NE, NM, NV, OR, SD, SW TX, UT, WA, WY

TRICARE Overseas: (888) 777-8343; <http://www.tricare.mil/overseas/index.cfm>

TRICARE for Life: (866) 773-0404; TDD (866) 773-0405); <http://www.tricare.mil/tfl/default.cfm>

TRICARE Pharmacy Home Delivery: (877) 363-1303; <http://www.tricare.mil/mybenefit/home/Prescriptions/FillingPrescriptions/TMOP>

TRICARE Retail Pharmacy: (877) 363-1303; <http://www.express-scripts.com>

TRICARE Retiree Dental Plan: (888) 838-8737; <http://www.TRDP.org>

Recreation Centers <http://www.armymwr.com>

Hale Koa Hotel, Hawaii: (808) 955-9424; (800) 367-6027; <http://halekoa.com>

Eidelweiss Resort, Bavaria: 011-49-8821-9440 <http://www.edelweisslodgeandresort.com>

Shades of Green, Florida: (888) 593-2242; (407) 824-3665 <http://www.shadesofgreen.org/reservations.htm>

Dragon Hill, Korea: 011-82-2-7918-222

<http://www.dragonhilllodge.org/DiscoverSeoul/>

Veterans Affairs (VA) Information <http://www.va.gov>

Community Club, 1130-1300

15– Community Day/Organizational Day– At the Bluff, 1100-1600

*September:*

11- “9/11 Memorial Ceremony”, on Bldg 113’s lawn, 1500-1600

14- “Run for the Fallen”- 0800-1200

19- “Hispanic Heritage Month”- 1130-1300, location TBD

20- “POW/MIA Recognition Day”-1500-1600, location TBD

*October:*

17- “National Disability Employment Awareness Observance”- 1130-1300, location TBD

26- “Retirement Appreciation Day & Wellness Expo”-0800-1400 at the Fitness Center

**Feedback**

Is there something you would like to see in our next retiree bulletin? Let us know! You can contact [Wanda.e.mills.civ@mail.mil](mailto:Wanda.e.mills.civ@mail.mil) or call 718.630.4552 with your suggestions.

