



# *Military Volunteers Needed for PTSD Treatment Study*

WCMC

IRB APPROVED

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*Did you serve in Iraq or Afghanistan?*

**Since your deployment, have you had:**

***Repetitive unwanted memories?***

***Sleep Problems or Nightmares?***

***Difficulty concentrating?***

***Nervousness, jumpiness, or anxiety?***

If so, you may be eligible to participate in a 12-week treatment study of the current first line treatment for PTSD: Exposure Therapy, combined with a low dose of either D-Cycloserine (DCS) or a sugar pill taken once a week on the day of the session only.

All sessions will be conducted using videoconferencing to connect you with a trained clinician in New York City. This study is testing whether it is feasible to receive this gold standard treatment for PTSD using videoconferencing, as well as whether treatment with D-cycloserine is more effective in reducing PTSD symptoms than therapy alone.

**For more information, please  
call Dr. Megan Olden at**

**212-821-0786**

All information will be kept  
strictly confidential.