



DEPARTMENT OF THE ARMY
US ARMY INSTALLATION MANAGEMENT COMMAND
HEADQUARTERS, UNITED STATES ARMY GARRISON, FORT HAMILTON
113 SCHUM AVE.
BROOKLYN NEW YORK 11252-5300

GARRISON POLICY
ISO-03

IMHA-ISO

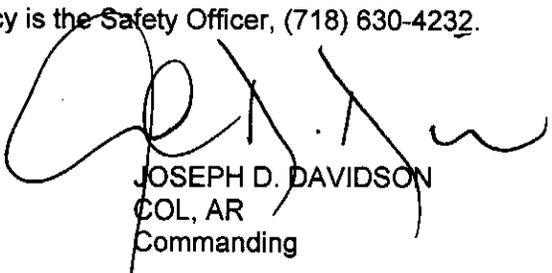
23 July 2014

MEMORANDUM FOR All Members of the USAG Fort Hamilton Community

SUBJECT: Statement on Physical (PT) Running

1. REFERENCES:

- a. DOD 6055.04 – DoD Traffic Safety Program (2 April 2010)
2. Service members are required to maintain physical fitness year-round. There are several hazards that we must be aware of: Weather conditions, poor and reduced visibility, various tenants, service members and visitors that do not always look for soldiers out running. Our service members also run off Post and must be as visible as possible during PT.
3. Reference 1a sets the minimum requirements for service members (Army, Navy, Marine, Air Force, Reserve and National Guard [Civilians]) running individually or in formations on U.S. Army Garrison, Fort Hamilton, New York, for both assigned and tenant units are:
 - a. SUMMER: Service members shall wear a reflective belt around the waist.
 - b. WINTER: Service members will wear a reflective belt over the right shoulder and down under left arm. Full reflective mesh vests are strongly recommended.
 - c. Reflective belts are required with both the old and the new PT uniforms.
 - d. Every running formation will have front and rear road guards using flashlights during periods of reduced visibility. These periods are ½ hour before sunrise or earlier and ½ hour after sunset or later. Reduced visibility also includes overcast, rain and fog.
 - e. For their own safety and the safety of others, civilians shall wear a reflective belt or mesh vest when running on the installation.
 - f. The wearing of portable headphones, earphones, or other listening devices while running or jogging on this installation is prohibited. Use of these devices mask or prevent recognition of emergency signals, alarms, approach of vehicles, human speech, and the ability to determine which direction sounds are coming from.
4. I expect every Commander to ensure the safety of our service members by conducting risk assessments based on current conditions and to make adjustments to training as deemed necessary. This policy does not supercede existing DOD, DA policy or regulations and is not all inclusive of the safety requirements laid out in the sources.
5. Point of contact concerning this policy is the Safety Officer, (718) 630-4232.


JOSEPH D. DAVIDSON
COL, AR
Commanding